

## Module specification

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Module Code	SIR510
Module Title	Working in the Tennis Environment
Level	5
Credit value	20
Faculty	SLS
HECoS Code	100433
Cost Code	GASP

### Programmes in which module to be offered

Programme title	Is the module core or option for this programme
Standalone module aligned to BSc (Hons) Sport Injury Rehabilitation for QA and assessment purposes	Option

### Pre-requisites

N/A

### Breakdown of module hours

Learning and teaching hours	6 hrs
Placement tutor support	4 hrs
Supervised learning e.g. practical classes, workshops	15 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
<b>Total active learning and teaching hours</b>	<b>25 hrs</b>
Placement / work based learning	10 hrs
Guided independent study	165 hrs
<b>Module duration (total hours)</b>	<b>200 hrs</b>

<b>For office use only</b>	
Initial approval date	26/10/2022
With effect from date	26/10/2022
Date and details of revision	

<b>For office use only</b>	
Version number	1

## Module aims

This module aims to provide students with the skills necessary to develop as tennis coach. Students will develop basis tennis coaching skills and will have opportunity to demonstrate these skills in the applied environment by undergoing some placement hours. The completion of a tennis coaching award is also a key module aim.

## Module Learning Outcomes - at the end of this module, students will be able to:

1	Develop basic tactical, technical, physical and mental development frameworks for group tennis coaching.
2	Develop skills necessary to support group tennis coaching sessions.
3	Demonstrate effective communication skills for group tennis coaching.
4	Demonstrate effective organisation skills for group tennis coaching.

## Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

Assessment 1: Students will participate in a tennis assistant coaching award where they will be required to plan and deliver a tennis session. Students will also complete some theory elements online.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1-4	Practical	Pass/refer

## Derogations

N/A

## Learning and Teaching Strategies

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The module will be delivered using blended learning techniques and the universities Active Learning Framework (ALF). This will include in-person sessions, online video conferencing (synchronous content) and student directed online resources (asynchronous content).

## Indicative Syllabus Outline

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- Module introduction
- Placement introduction
- Planning and preparing a tennis coaching session
- LTA Youth schools award
- Assistant tennis coaching award

## Indicative Bibliography:

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Please note the essential reads and other indicative reading are subject to annual review and update.

### Essential Reads

Diegan, P. (2008), *Coaching and Learning Tennis Basics (revised)*. Independently Published.

### Other indicative reading

Ives, B., Potrac, P., Gale, I., and Nelson, L. (eds.) (2022), *Community Sport Coaching: Policies and Practice*. London: Routledge.

Kovacs, M. S., Roetert, P. E., and Ellenbecker, T.S. (2016), *Complete Conditioning for Tennis, 2<sup>nd</sup> ed.* Champaign, IL: Human Kinetics.

Professional Tennis Registry (2013). *International Book of Tennis Drills*. Chicago: Triumph Books.

Smith, M. (2017), *Absolute Tennis: The best and next way to play the game*. New York: New Chapter Press.

## Employability skills – the Glyndŵr Graduate

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Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

**Core Attributes**

Engaged  
Enterprising  
Creative  
Ethical

**Key Attitudes**

Commitment  
Curiosity  
Resilience  
Confidence  
Adaptability

**Practical Skillsets**

Digital Fluency  
Organisation  
Leadership and Team working  
Critical Thinking  
Emotional Intelligence  
Communication